

# SERVING FOOD SAFELY: SCHOOL MEAL & SNACK PROGRAMS 2020-21

The following information can be used when planning and implementing a school meal or snack program for the 2020-21 school year. Not all recommendations may apply to all schools or divisions. Adapting meal and snack programs to meet new guidelines and recommendations will be an ongoing process. Take steps to ensure your processes are based on the most up-to-date and reliable information.

## SENDING FOOD HOME

For many reasons, your program may decide to send food home with students who are at home learning.

### SCENARIOS TO CONSIDER

- Students who are remote learning periodically or indefinitely. For example:
  - High school students who are remote learning throughout the week
  - Students who are home sick or self-isolating
  - School closure or suspension of in-classroom learning

### DIFFERENT APPROACHES TO SENDING FOOD HOME:

- Meal or snack bags
- Food baskets/hampers
  - Can include perishable and/or non-perishable items that provide nutrition support for a longer time period
- Prepared meals
- Non-perishable food items for pick up
  - Student/families choose items from designated location

### FOOD IDEAS FOR MEAL OR SNACK BAGS:

Ready to Go:

- fresh fruit, fruit cups, applesauce
- crackers, bagels, bread, cereal
- snack packs of hummus, tuna, or chicken and crackers, cheese string, yogurt, yogurt drinks, milk

Prepared:

- wraps, sandwiches, muffins
- bagged baby carrots, snap peas, or other cut up vegetables
- boiled eggs

**For more information on delivery models, see [here](#).**

**For ideas of foods to send home for each delivery model, see [here](#).**

### LINKS TO CREDIBLE SOURCES OF INFORMATION

- [Manitoba Education](#)
- [Province of Manitoba- COVID-19](#)
- [Government of Canada- COVID-19](#)
- [Canadian Food Inspection Agency- COVID-19](#)

