

FOOD PROCUREMENT IN WINNIPEG

Our hope is that this information will be a helpful resource for schools in their food procurement efforts. This fact sheet highlights efficient and cost effective options for purchasing food in the geographic area of interest.

Popular Stores and Distributors

The most frequented grocery stores by schools in Winnipeg are as follows:

- Costco
- No Frills
- Safeway
- Save-On-Foods
- Sobeys
- Superstore
- Walmart

The most used distributors by schools in Winnipeg include:

- Harris Meats & Groceries Ltd.
- Sobeys Wholesale
- Wholesale Club

Discounts Available

Discounts may be available at the following stores. Please contact your local store for further information.

- Co-op
- G & L Sales
- Harris Meats & Groceries Ltd.
 - Offer special pricing for schools at 5 Charles Street location.
- Save-On-Foods
- Sobeys

Delivery Options

- Family Foods
 - Delivery fee
- Pratt's Wholesale
 - \$600 minimum + fuel surcharge
- Sobeys Wholesale
 - Organized through a third party, roughly \$35 within Winnipeg
- Superstore
 - Through Superstore or Instacart. Convenience fees, delivery fees and other fees may apply
- Sysco
 - Fuel surcharge
- Walmart
 - Through Walmart or Instacart. Convenience fees, delivery fees and other fees may apply
- Wholesale Club
 - Organized through a third party, \$39.95 up to 400lb + \$3 convenience fee

Free Delivery Options

- City Bread
- Costco
 - Over \$75 purchase
- Crescent Multifoods
 - \$25 fee or free over \$300 (typically waived for schools)
- FoodFare
 - In some cases. Inquire for further details.
- Gordon T Lee Distributor
- Harris Meats & Groceries Ltd.
- Milk Man
 - In some cases. Inquire for further details.

Delivery availability and associated fees may be dependent on your location.

Delivery may be available through other local or chain grocery stores in your area.

Grocery delivery can also be organized through third-party delivery services.

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HELPFUL TIPS



Online shopping through distributors: Pratt's Wholesale, Sysco, Wholesale Club

Distributors with no minimum purchase quantities: Sysco, Harris Meats & Groceries Ltd., Sobeys Wholesale, Wholesale Club

No convenience fees for pick-up orders: Sobeys Wholesale and Save-On-Foods

Sobeys Wholesale posts current deals here: <https://www.facebook.com/winnipegcashandcarry/>

Save-On-Foods sells sale items both online and in-store

Pratt's Wholesale has a chef that can work with schools to come up with cost-effective food options and assist with ordering. They also have computer programs that tell you what to order & associated prices when you enter a recipe.

Some schools have partnered with local non-profits that are willing to deliver grocery orders to schools. Other schools have divisional couriers that are able to deliver grocery orders.

<https://flipp.com/> and <https://www.reebee.com/> are websites that allow you to view all active flyers within your postal code, and results can be refined by items of interest (ex: cheese)

It is worth connecting with managers at the stores and distributors you shop with to see if there are any discounts available to schools participating in meal and snack programs or if they would be willing to waive convenience, delivery or other fees.

PAYMENT OPTIONS



Charge accounts are offered at the following stores and distributors:

- Co-op
 - Crescent Multifoods
 - Family Foods
 - FoodFare
 - Harris Meats & Groceries Ltd.
 - IGA
 - No Frills
 - Save-On-Foods
 - Sobeys Wholesale
 - Wholesale Club
- Autodebit:
- Pratt's Wholesale
 - Sysco

The information provided in this resource is not exhaustive and may differ on a store-by-store basis. This is simply intended as a tool to help reveal purchasing options that may be available within your geographical area.

If any of the information contained in this document is incorrect, please contact us at info@childnutritioncouncil.com