

Breakfast, Snack & Lunch Program Delivery Models

DURING COVID-19 CLASS SUSPENSION



The following are ideas you may choose to continue operating school nutrition programs. Work within your current capacity and practice social (physical) distancing in order to get food to families and students. Food recommendations and ideas are dependent on access, availability, and affordability. As always, consider food safety practices and food allergies.

TYPE OF PROGRAM	CONSIDERATIONS	REQUIRED RESOURCES
MEAL OR SNACK BAGS Ready to eat foods for small meals or snacks lasting 1-7 days.	<ul style="list-style-type: none"> • Good for schools who lack staff and/or facilities for food preparation • Ready made items require no cooking by family or students • Some items may need refrigeration • More frequent pick up/drop off times compared to other options 	<ul style="list-style-type: none"> • Staff or volunteers • Packaging for individual portions • Bags or other containers to send food in • Some items may require refrigeration
FOOD BOXES Can include perishable and/or non-perishable items that provide nutrition support for a longer time period	<ul style="list-style-type: none"> • Minimizes pick-up and delivery • Supplements family's home food pantry • Requires some food preparation skills and/or kitchen equipment for families, which may be limited 	<ul style="list-style-type: none"> • Staff or volunteers may deliver or arrange pick ups • Some items may require fridge/freezer space • Boxes or bags for items
PREPARED MEALS Prepared and cooked daily for families to eat, freeze, or reheat (schools could also freeze meals)	<ul style="list-style-type: none"> • Ready to eat nutritious meals convenient for families • Requires more staff/volunteer time and skills for cooking and packaging 	<ul style="list-style-type: none"> • Staff or volunteers (consider those with Food Handler's Certificate) • To-go containers required (should be microwave-safe)
NON-PERISHABLE ITEMS FOR PICK-UP Student chooses items from designated location	<ul style="list-style-type: none"> • Minimizes pick-up and interaction frequency • Low food safety risk for schools • Limits food options to non-perishable goods only 	<ul style="list-style-type: none"> • Staff or volunteers to restock • Secure pick-up location (i.e. outdoor library boxes)
GIFT CARDS	<ul style="list-style-type: none"> • No cost savings passed to families from bulk order of foods • Least amount of staff/volunteers contribution required 	

GETTING FOOD TO FAMILIES:

- Delivery to families (with homework packages)
- Families pick up at community location
- Drive-thru pick-up at school
- School bus drivers or other front-door delivery services
- Partner with local community group or organization

FOOD SAFETY INFORMATION LINKS

Government of Manitoba:
[Info for Food Handling Establishments](#)

Health Canada:
[Latest CFIA information on food safety – COVID-19 General Food Safety Information](#)



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