



AGENDA: Programs Connect Workshop

Friday, May 19th, 2017, from 1 to 4pm

Location to be announced

Brandon, Manitoba

To register, email info@childnutritioncouncil.com by Thursday, May 11th to secure your spot.

Welcome: 1:00pm

Join us to introduce yourself to others in attendance. Hear about what's new with the Child Nutrition Council of Manitoba.

Try and test new snack recipes: 1:15 to 2:30pm

This hands-on session will give you the opportunity to try some recipes and foods that you may want to incorporate into your school nutrition program. Have some fun in the kitchen, talk to others about their programs, and leave with new ideas. Participants will cook together, talk, and taste the final products for a healthy afternoon snack.

Break: 2:30 to 2:45pm

Meal planning: 2:45 to 3:45pm

There are many factors such as time, physical space, budget, and taste preferences that influence the meals and snacks served in school breakfast, snack, and lunch programs. In fact, these factors are very different for programs as each program and school are unique. This session will offer meal planning inspiration, information on label reading, nutrition fact sheets, and a copy of our Vegetable and Fruit Handbook.

Wrap up and evaluation: 3:45pm