

Volunteers Can Help

in many ways to make your program more welcoming and easier to manage.

Use the ideas below to generate volunteer job descriptions and task lists:

Food Related Tasks:

Develop recipes, plan menus, wash vegetables and fruit, prepare food, help with cleanup, help with compost.

Student-Centred Tasks:

Help students wash their hands and serve themselves, remind students of etiquette and manners, answer student questions, help students provide feedback through surveys, track attendance statistics.

Shopping Tasks:

Order or shop for food and supplies, help to receive food deliveries, talk with grocers and other food sources about partnerships, look for weekly sales in flyers, help to find sources of local foods.

Promotion Tasks:

Help to plan and execute fundraisers, write for school or community newsletters, share information and photos using social media, help to recruit other volunteers, provide information at local meetings, plan family food nights, do taste testing with parents and students, create fact sheets for your website, write articles for local newspaper

Volunteers of All Ages:

Some students do not have the chance to interact with seniors in their everyday lives. Many seniors also enjoy working with children and youth. By involving seniors as volunteers you can provide a meaningful intergenerational space for everyone.

Visit our [website](http://www.childnutritioncouncil.com) for more program resources, including ideas for how to recruit and motivate your volunteers.

