

# FOOD PROCUREMENT IN SOUTH WEST MANITOBA

Our hope is that this information will be a helpful resource for schools in their food procurement efforts. This fact sheet highlights efficient and cost effective options for purchasing food in the geographic area of interest.

DATA IS BASED ON REPORTS FROM BRANDON SCHOOL DIVISION, DIVISION SCOLAIRE FRANCO-MANITOBAINE, FORT LA BOSSE SCHOOL DIVISION, MOUNTAIN VIEW SCHOOL DIVISION, PARK WEST SCHOOL DIVISION, ROLLING RIVER SCHOOL DIVISION, SOUTHWEST HORIZON SCHOOL DIVISION, SWAN VALLEY SCHOOL DIVISION, TURTLE MOUNTAIN SCHOOL DIVISION AND TURTLE RIVER SCHOOL DIVISION

## Popular Stores and Distributors

The most frequented grocery stores by schools in South West Manitoba are as follows:

- Co-op
- Costco
- Sobeys
- Superstore
- Walmart

Distributors used throughout the region include:

- Gordon Food's
- Pratt's Wholesale
- Sysco

## Discounts Available

Discounts may be available at the following stores. Please contact your local store for further information.

- Co-op
- IGA
- Kuiper's Family Bakery
- Sobeys

## Delivery Options

- Co-op
  - Delivery fee
- Costco
  - May be subject to shipping and handling fees, delivery within 2-10 business days.
- IGA
  - Delivery fee
- Pratt's Wholesale
  - Organized through a third party. \$600 minimum + fuel surcharge + freight charges.
- Saputo
  - Delivery fee
- Sobeys
  - Delivery fee
- Sysco
  - Fuel surcharge

Delivery availability and associated fees may be dependent on your location .

Delivery may also be available through local or chain grocery stores in your area.

Grocery delivery to rural areas can be organized through third-party delivery services such as Gardewine.

Please refer to the "Food Procurement in Winnipeg" fact sheet if you shop in Winnipeg

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## HELPFUL TIPS



**Online shopping through distributors:** Pratt's Wholesale, Sysco, Wholesale Club

**Distributors with no minimum purchase quantities:** Sysco, Harris Meats & Groceries Ltd., Sobey's Wholesale, Wholesale Club

**No convenience fees for pick-up orders:** Sobey's Wholesale and Save-On-Foods

Sobey's Wholesale posts current deals here: <https://www.facebook.com/winnipegcashandcarry/>

Pratt's Wholesale has a chef that can work with schools to come up with cost-effective food options and assist with ordering. They also have computer programs that tell you what to order & associated prices when you enter a recipe.

Some schools have partnered with local hospitals to purchase food through their supplier. This can increase variety and may help save costs.

Some schools have received donations from local honey producers and other local growers.

<https://flipp.com/> and <https://www.reebee.com/> are websites that allow you to view all active flyers within your postal code, and results can be refined by items of interest (ex: cheese)

It is worth connecting with managers at the stores and distributors you shop with to see if there are any discounts available to schools participating in meal and snack programs or if they would be willing to waive convenience, delivery or other fees.

## PAYMENT OPTIONS



Charge accounts are offered at the following stores and distributors:

- Bigway Foods
- Co-op
- Extra Foods
- Giant Tiger
- IGA
- J & P Groceries
- Sobey's

Autodebit:

- Pratt's Wholesale
- Sysco

The information provided in this resource is not exhaustive and may differ on a store-by-store basis. This is simply intended as a tool to help reveal purchasing options that may be available within your geographical area.

If any of the information contained in this document is incorrect, please contact us at [info@childnutritioncouncil.com](mailto:info@childnutritioncouncil.com)