

FOOD PROCUREMENT IN SOUTH EAST MANITOBA

Our hope is that this information will be a helpful resource for schools in their food procurement efforts. This fact sheet highlights efficient and cost effective options for purchasing food in the geographic area of interest.

DATA IS BASED ON REPORTS FROM EVERGREEN SCHOOL DIVISION, LAKESHORE SCHOOL DIVISION, LORD SELKIRK SCHOOL DIVISION, RED RIVER VALLEY SCHOOL DIVISION, SEINE RIVER SCHOOL DIVISION AND SUNRISE SCHOOL DIVISION

Popular Stores and Distributors

The most frequented grocery stores by schools in South East Manitoba are as follows:

- Co-op
- Costco
- No Frills
- Superstore
- Sobeys

Distributors used throughout the region include:

- Parmalat
- Saputo
- Sobeys Wholesale
- Sysco
- Wholesale Club

Discounts Available

Discounts may be available at the following stores.

Please contact your local store for further information.

- Co-op
- Sobeys

Delivery Options

- Arctic Beverages
- Costco
 - Subject to shipping and handling fees, delivery within 2-10 business days.
- Crescent Multifoods
 - Select rural routes. \$500 minimum for free delivery, or can pay a delivery fee.
- Pratt's Wholesale
 - Organized through a third party. \$600 minimum + fuel surcharge + freight charges.
- Saputo
 - Delivery fee
- Sysco
 - Fuel surcharge
- Wholesale Club
 - Organized through a third party. Select rural routes; if interested, please inquire and see if they service your area.

Delivery availability and associated fees may be dependent on your location.

Delivery may also be available through local or chain grocery stores in your area.

Grocery delivery to rural areas can be organized through third-party delivery services such as Gardewine.

Please refer to the "Food Procurement in Winnipeg" fact sheet if you shop in Winnipeg

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HELPFUL TIPS



Online shopping through distributors: Pratt's Wholesale, Sysco, Wholesale Club

Distributors with no minimum purchase quantities: Sysco, Harris Meats & Groceries Ltd., Sobeys Wholesale, Wholesale Club

No convenience fees for pick-up orders: Sobeys Wholesale and Save-On-Foods

Sobeys Wholesale posts current deals here: <https://www.facebook.com/winnipegcashandcarry/>

Pratt's Wholesale has a chef that can work with schools to come up with cost-effective food options and assist with ordering. They also have computer programs that tell you what to order & associated prices when you enter a recipe.

Some rural schools have partnered with local hospitals to purchase food through their supplier. This can increase variety and may help save costs.

Some schools have received donations from local honey producers and other local growers.

<https://flipp.com/> and <https://www.reebee.com/> are websites that allow you to view all active flyers within your postal code, and results can be refined by items of interest (ex: cheese)

It is worth connecting with managers at the stores and distributors you shop with to see if there are any discounts available to schools participating in meal and snack programs or if they would be willing to waive convenience, delivery or other fees.

PAYMENT OPTIONS



Charge accounts are offered at the following stores and distributors:

- Bigway Foods
- Co-op
- Crescent Multifoods
- Dancyt's Foods
- Midway Foods
- Parmalat
- Wholesale Club

Autodebit:

- Pratt's Wholesale
- Sysco

The information provided in this resource is not exhaustive and may differ on a store-by-store basis. This is simply intended as a tool to help reveal purchasing options that may be available within your geographical area.

If any of the information contained in this document is incorrect, please contact us at info@childnutritioncouncil.com